

# WHEN LIFE KICKS YOU...REMEMBER

When you are coming out of something or about to go into something, this is just a distraction.

Strength comes from your soul.

Soul, in religion and philosophy, is the immaterial aspect or essence of a human being, that which confers individuality and humanity, often considered to be synonymous with the mind or self.

When you surrender... it will always be ok  
Forgive yourself as rejection is a redirection,  
Remember who you are and where you came from.

There is a legacy of women who have made it through...just like you will.

Remember your 'I AM...' and most importantly...



# JUST KEEP WALKING